



NUTRITION INFORMATION

| Menu Item | Serving Size | Calories | Fat Calories | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Cholest (mg) | Sodium (mg) | Carb (g) | Fiber (g) | Sugar (g) | Protein (g) |
|--|--------------|----------|--------------|---------------|-------------|---------------|--------------|-------------|----------|-----------|-----------|-------------|
| Combo #1, no spice & light mild spice | 553g | 1230 | 530 | 58 | 10 | 0 | 115 | 3080 | 119 | 3 | 8 | 56 |
| Combo #1, mild-reaper spice | 570g | 1350 | 630 | 71 | 12 | 0 | 115 | 3630 | 115 | 3 | 9 | 56 |
| Combo #2, no spice & light mild spice | 660g | 1500 | 670 | 75 | 13 | 0 | 125 | 3340 | 143 | 3 | 17 | 68 |
| Combo #2, mild-reaper spice | 677g | 1620 | 780 | 87 | 15 | 0 | 125 | 3900 | 145 | 3 | 18 | 68 |
| Combo #3, no spice & light mild spice | 609g | 1370 | 600 | 67 | 12 | 0 | 120 | 3400 | 128 | 3 | 9 | 62 |
| Combo #3, mild-reaper spice | 625g | 1490 | 710 | 79 | 14 | 0 | 120 | 3950 | 130 | 3 | 9 | 62 |
| Sides: | | | | | | | | | | | | |
| Mac & Cheese | 215g | 290 | 140 | 16 | 8 | 0 | 40 | 1090 | 25 | 1 | 5 | 14 |
| Kale Slaw | 144g | 270 | 230 | 26 | 4.5 | 0 | 20 | 170 | 8 | 3 | 4 | 2 |
| French Fries | 170g | 440 | 180 | 20 | 3 | 0 | 0 | 1200 | 58 | 3 | 0 | 6 |
| Cheese Fries | 190g | 460 | 190 | 22 | 3.5 | 0 | 0 | 1330 | 60 | 3 | 0 | 6 |
| Single Slider, no sides, no spice & light mild spice | 249g | 620 | 330 | 37 | 7 | 0 | 70 | 1150 | 41 | 0 | 7 | 31 |
| Single Slider, no sides, mild-reaper spice | 257g | 680 | 390 | 43 | 8 | 0 | 70 | 1420 | 42 | 0 | 8 | 31 |
| Single Tender, no sides, no spice & light mild spice | 216g | 490 | 260 | 29 | 5 | 0 | 65 | 1210 | 30 | 0 | 3 | 25 |
| Single Tender, no sides, mild - reaper spice | 224g | 550 | 310 | 35 | 6 | 0 | 65 | 1480 | 31 | 0 | 3 | 25 |
| Cheese slice | 30g | 70 | 50 | 6 | 3.5 | 0 | 20 | 340 | 1 | 0 | 1 | 3 |
| Dave's Sauce, Individual cup | 26g | 180 | 160 | 18 | 3 | 0 | 15 | 150 | 2 | 0 | 1 | 0 |
| Ketchup packet | 9g | 10 | 0 | 0 | 0 | 0 | 0 | 85 | 2 | 0 | 2 | 0 |
| Shakes: | | | | | | | | | | | | |
| Milkshake, chocolate, regular | 458g | 610 | 420 | 47 | 27 | 0 | 135 | 280 | 46 | 0 | 43 | 13 |
| Milkshake, chocolate, large | 568g | 760 | 520 | 58 | 33 | 0 | 165 | 350 | 61 | 0 | 57 | 17 |
| Milkshake, strawberry, regular | 458g | 610 | 420 | 47 | 27 | 0 | 135 | 200 | 46 | 0 | 46 | 13 |
| Milkshake, strawberry, large | 568g | 760 | 520 | 58 | 33 | 0 | 165 | 250 | 61 | 0 | 61 | 17 |
| Milkshake, vanilla, regular | 458g | 590 | 420 | 47 | 27 | 0 | 135 | 200 | 43 | 0 | 43 | 13 |
| Milkshake, vanilla, large | 568g | 740 | 520 | 58 | 33 | 0 | 165 | 250 | 57 | 0 | 57 | 17 |
| Soft Drinks*: | | | | | | | | | | | | |
| Cherry Coke, small | 16 fl oz | 270 | 0 | 0 | 0 | 0 | 0 | 65 | 76 | 0 | 76 | 0 |
| Cherry Coke, regular | 20 fl oz | 310 | 0 | 0 | 0 | 0 | 0 | 75 | 88 | 0 | 88 | 0 |
| Barq's Root Beer, small | 16 fl oz | 210 | 0 | 0 | 0 | 0 | 0 | 90 | 59 | 0 | 59 | 0 |
| Barq's Root Beer, regular | 20 fl oz | 240 | 0 | 0 | 0 | 0 | 0 | 105 | 67 | 0 | 67 | 0 |
| Coke, small | 16 fl oz | 180 | 0 | 0 | 0 | 0 | 0 | 60 | 51 | 0 | 51 | 0 |
| Coke, regular | 20 fl oz | 210 | 0 | 0 | 0 | 0 | 0 | 70 | 59 | 0 | 59 | 0 |
| Coke Zero, small | 16 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 75 | 0 | 0 | 0 | 0 |
| Coke Zero, regular | 20 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 85 | 0 | 0 | 0 | 0 |
| Diet Coke, small | 16 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 55 | 0 | 0 | 0 | 0 |
| Diet Coke, regular | 20 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 60 | 0 | 0 | 0 | 0 |
| Dr. Pepper, small | 16 fl oz | 200 | 0 | 0 | 0 | 0 | 0 | 80 | 52 | 0 | 51 | 0 |
| Dr. Pepper, regular | 20 fl oz | 230 | 0 | 0 | 0 | 0 | 0 | 90 | 60 | 0 | 58 | 0 |
| Fanta Orange, small | 16 fl oz | 290 | 0 | 0 | 0 | 0 | 0 | 110 | 82 | 0 | 80 | 0 |
| Fanta Orange, regular | 20 fl oz | 330 | 0 | 0 | 0 | 0 | 0 | 125 | 94 | 0 | 92 | 0 |
| Gold Peak Iced Tea Sweetened, small | 16 fl oz | 150 | 0 | 0 | 0 | 0 | 0 | 35 | 39 | 0 | 39 | 0 |
| Gold Peak Iced Tea Sweetened, regular | 20 fl oz | 180 | 0 | 0 | 0 | 0 | 0 | 40 | 44 | 0 | 44 | 0 |
| Gold Peak Iced Tea Unsweetened, small | 16 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 45 | 0 | 0 | 0 | 0 |
| Gold Peak Iced Tea Unsweetened, regular | 20 fl oz | 0 | 0 | 0 | 0 | 0 | 0 | 55 | 0 | 0 | 0 | 0 |
| Gold Peak Peach Tea, small | 16 fl oz | 150 | 0 | 0 | 0 | 0 | 0 | 30 | 39 | 0 | 39 | 0 |
| Gold Peak Peach Tea, regular | 20 fl oz | 180 | 0 | 0 | 0 | 0 | 0 | 35 | 44 | 0 | 44 | 0 |
| Gold Peak Raspberry Tea, small | 16 fl oz | 160 | 0 | 0 | 0 | 0 | 0 | 45 | 41 | 0 | 41 | 0 |
| Gold Peak Raspberry Tea, regular | 20 fl oz | 190 | 0 | 0 | 0 | 0 | 0 | 50 | 47 | 0 | 47 | 0 |
| Hi-C Poppin Pink Lemonade, small | 16 fl oz | 240 | 0 | 0 | 0 | 0 | 0 | 35 | 66 | 0 | 64 | 0 |
| Hi-C Poppin Pink Lemonade, regular | 20 fl oz | 280 | 0 | 0 | 0 | 0 | 0 | 40 | 76 | 0 | 73 | 0 |
| POWERADE Mountain Berry Blast, small | 16 fl oz | 110 | 0 | 0 | 0 | 0 | 0 | 200 | 28 | 0 | 28 | 0 |
| POWERADE Mountain Berry Blast, regular | 20 fl oz | 120 | 0 | 0 | 0 | 0 | 0 | 230 | 32 | 0 | 32 | 0 |
| Sprite, small | 16 fl oz | 190 | 0 | 0 | 0 | 0 | 0 | 40 | 47 | 0 | 42 | 0 |
| Sprite, regular | 20 fl oz | 220 | 0 | 0 | 0 | 0 | 0 | 50 | 55 | 0 | 48 | 0 |
| Beer, USDA data | 12 fl oz | 150 | 0 | 0 | 0 | 0 | 0 | 14 | 13 | 0 | 0 | 2 |
| Beer, Light USDA data | 12 fl oz | 100 | 0 | 0 | 0 | 0 | 0 | 14 | 6 | 0 | 0 | 1 |
| Beer, higher alcohol, USDA data | 12 fl oz | 200 | 0 | 0 | 0 | 0 | 0 | 14 | 1 | 0 | 0 | 3 |
| Hard Seltzer | 12 fl oz | 100 | 0 | 0 | 0 | 0 | 0 | n/a | 2 | 0 | 1 | 0 |

*Fountain Soft Drinks - cup size listed in serving size category is maximum fill capacity; nutrition information provided on amount of beverage listed in serving size column filled to 100% capacity without ice.

Chart abbreviations: Sat fat = saturated fat, Cholest = cholesterol, Carb = carbohydrate, g = grams, mg = milligrams, %DV = Percent Daily Value based on a 2,000 calorie diet, n/a = information not available
 Recommended Daily Values for a 2,000 calorie diet are 78g total fat, 30g saturated fat, 300mg cholesterol, 2,300mg sodium and 28g dietary fiber. 2,000 calorie a day is used for general nutrition advice, but calorie needs vary.
 Nutrition information for Dave's Hot Chicken menu items was determined by Registered Dietitians at NewWellness, Inc. using laboratory testing, manufacturer information and ESHA Research database analysis. Information is based on standard recipes; variations may occur due to use of an alternate supplier or differences in product portioning. Customer requests for variations from standard recipes will result in changes to nutritional values.